



RAPID SHIFT: THE ALTERNATOR

TRANSFORMING NEGATIVITY
INTO PEACE

IAWAKE

— TECHNOLOGIES —

WESLY FEUQUAY

DISCLAIMER

The user of *Rapid Shift: The Alternator* agrees that this audio program is designed solely for meditation, self-improvement, learning, relaxation, and experimentation. This application is not intended as a replacement for medical or psychological treatment. No medical claims are intended, expressed or implied.

Those meeting any of the following conditions, whether knowingly or not, should not use this application:

- Epileptics

Those who should consult a physician before the use of this product include:

- Individuals under the influence of medication or drugs
- Pregnant women
- Those wearing a pacemaker
- Those prone to or who have had seizures
- Individuals who have a history of severe mental illness
- Individuals who have a history of tinnitus

This application is not to be used while under the influence of alcohol or other mood-altering substances, whether they are legal or illegal.

Children under the age of 18 are to be examined by a physician for epilepsy or illnesses that may contribute to seizures prior to the use of *Rapid Shift: The Alternator*, as they are more susceptible to seizures.

Finally, DO NOT LISTEN TO ANY *RAPID SHIFT: THE ALTERNATOR* AUDIO FILES WHILE DRIVING OR OPERATING MACHINERY.

The user of *Rapid Shift: The Alternator* assumes all risks, waiving any claims against iAwake Technologies, LLC and its affiliates for any and all mental or physical injuries. The user also agrees to assume liabilities when allowing other persons access to *Rapid Shift: The Alternator*.

In no case will iAwake Technologies, Integral Recovery, or other distributors of *Rapid Shift: The Alternator* be liable for chance, accidental, special, direct, or indirect damages resulting from use, misuse, or defect of its program, instructions, or documentation.

The parties shall attempt to resolve all disputes arising out of this agreement in a spirit of cooperation without formal proceedings. Any dispute which cannot be so resolved (other than a request for injunctive relief) shall be subject to arbitration upon written demand of either party. Arbitration shall take place within forty-five days of the receipt of the written demand, in Provo, Utah, or at another location (or in whole or in part by phone or other means) if the parties so agree. The arbitration shall take place before an arbitrator chosen as follows: The parties shall each choose a representative, and the representatives shall choose an arbitrator. The arbitrator shall schedule an informal proceeding, hear the arguments, and decide the matter. Each party shall pay half the costs of the arbitration proceeding. The arbitrator shall not have the authority to award punitive damages or any other form of relief not contemplated in this Agreement. Regarding each issue submitted to arbitration, the decision shall be accompanied by a written explanation of the basis upon which it was arrived at. Judgment upon the award rendered by the arbitrators, if any, may be entered in any court having jurisdiction thereof.

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FILE INFORMATION FOR OPTIMAL ENTRAINMENT RESULTS

We strongly recommend not converting your downloaded files to a smaller MP3 format, because the increased MP3 compression will filter out a considerable amount of the entrainment power embedded in the high quality 320 kbps MP3 file.



HEADPHONES

The method may be used with or without headphones, and with practice you can do it on yourself with the accompanying outline script with no listening whatsoever.

COMPATIBLE PLAYERS

Compatible with all MP3 and WAV players.



IMPORTANT!

Be sure to drink at least one glass of water before your sessions and one glass of water afterward. Brainwave entrainment increases blood flow to the brain, and drinking plenty of water helps your brain rid itself of waste byproducts.

Welcome to Rapid Shift: The Alternator

I am so grateful to get this into your hands, and I'm convinced you will find it as powerful a tool as I have.

The Rapid Shift/Alternator process was developed by Wesley Feuquay, founder of the Psylogia Institute for the Development of Consciousness, Purpose, and Transformation, to facilitate emotional healing and spiritual growth. It is a way of uncovering, recognizing, and transmuting our issues and wounds that keep us from becoming our most effective, actualized, and beautiful self—the gift that we have to give the world.

The more you use this process, the more effective it becomes. Eventually, you'll be able to do the process by yourself without any support, or perhaps while listening to an iAwake entrainment track while you do the work. It is also a technique that can be taught, so if you're interested in becoming a practitioner who can facilitate this process for others, please contact Wesley:

www.psylogia.org

info@psylogia.org

+1-602-284-9328

Thank you for your support of iAwake and our mission to help us all wake up and become the people we need to be.

Here is a link (if you are interested) to a video of Wesley doing the Rapid/Shift Alternator process with yours truly.



With great love and respect,
John and the iAwake Team

From the Developer, Wesly Feuquay:

At the Psylogia Institute, we hold true and self-evident that no person need live with emotional turmoil. This Rapid Shift/Alternator method is our gift to everyone, so that in a short order of time they may return back to feeling "themselves," and get back to functioning quickly and effortlessly.

Our hope is that you will return to this track or its outline whenever you are feeling overwhelm, confusion, stress, setback, stuckness, or triggered by events and actions. We know that with proper use of the method, you'll be able to neutralize your problem within 10-20 minutes -- which is fast by any standards.



I hope you enjoy the clarity, freedom, and relief that is possible by utilizing this method.

About Rapid Shift: The Alternator

- **Welcome Video on how to use Rapid Shift: The Alternator (MP4 format)**
- **Guided Outline (downloadable PDF)**
- **Three tracks (total of 25 minutes)**

- 01 Introduction and Subjective Problem (10:04)
- 02 Core Process (6:40)
- 03 Expansion and Integration (8:18)

Available in MP3 and optional WAV formats for digital download, as well as an optional CD.

***Rapid Shift: The Alternator* can help you to:**

- relieve stress
- feel relaxed
- increase creative energy/thought
- reduce anxiousness
- create space for positive thought
- reduce negativity
- have better flow
- relieve fear/insecurity
- have freedom from struggle
- have a clear head
- get insight
- get clarity
- experience relief in minutes
- connect to a deeper sense of you
- get back to functioning quickly
- integrate emotional charge
- experience emotional hygiene
- dissolve inner conflict and emotional knots

How to use these tracks:

The process will work, and is in fact designed to work, without the accompanying brainwave entrainment. The embedded theta track only enhances the experience. The method may be used with or without headphones, or with the accompanying outline script with no listening whatsoever.

Any delivery method will yield the exact same outcome, with the same clarity, and same change potential.

As you use *Rapid Shift: The Alternator*, we encourage you to share your stories with our community of practitioners on Facebook:

<https://www.facebook.com/ProfoundMeditationProgram/>



"This is awesome! It's the first clearing practice that I've encountered on audio. I can't wait to share this tech with those who shared a clearing practice with me. This is an area of personal work that goes unexplored. Combining this with other practices is highly valuable in our personal evolution." – H.H.

The Technology

This Rapid Shift: The Alternator protocol is the marriage of two well-known consciousness change methodologies carefully blended to bring a powerful transformative experience -- negative states into peaceful acceptance and fullness.

The brainwave entrainment soundtrack accompanying the Rapid Shift/Alternator process was created by Leigh Spusta. It was composed using a 432 Hz tuning to emphasize natural harmonic sequences and interval frequencies -- many believe that 432 tuning is in sync with our biological frequencies and the planet itself. Through the selection of note values and timbres, Leigh has promoted the presence of natural entrainment rhythms that ultimately target the theta range of 5 Hz. The compositional style emphasizes an ebb and flow, eliciting a gentle deepening into physical relaxation and an expansion of the mind into a dreamlike state. There is a general psycho-acoustic approach utilized in order to cue the relaxation response and to sponsor mental imagery and feelings of well-being.

About the Developer

Wesly Feuquay, M.Ed. is the founder of the Psylogia Institute for the Development of Consciousness, Purpose, and Transformation. Wesly served for 15 years as psychological science faculty at Maricopa Colleges in Arizona, as well as creating coursework for the Psychology of Consciousness and Mature Ego Development. Wesly mentors unique inner genius, teaches Integral Psychology theory, and utilizes psycho-spiritual modalities of healing and transformation. Combined, Wesly weaves these modalities to bring about psychological relief, heal trauma, and overcome personal struggles and setbacks. Further, he specializes in life purpose discovery, uncovering inner brilliance, co-creative goal actualization, and cultivating peak human potential.



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FAQ:

<https://www.iawaketechnologies.com/frequently-asked-questions/>



Blog:

<https://www.iawaketechnologies.com/blog/>



Customer Support:

support@iawaketechnologies.com

PROFOUND MEDITATION 3.0

FULL SPECTRUM



Science Meets Stillness

An integrated synthesis of leading-edge
neurotechnology and energy medicine

"iAwake technologies has continued their pioneering research into brain/mind sound technology with their latest release of *Profound Meditation 3.0*. I've been a fan of their products from the beginning, and I can say that they just keep getting better. So if you've never tried binaural beat technology—and especially if you have!—by all means check out their latest. I think you won't be disappointed."

Ken Wilber—*The Integral Vision*

www.iawaketechologies.com