

NEUROFLOW Series

iAwake
technologies

Flow-States for Growth, Prosperity
And Spiritual Evolution

www.iawaketechnologies.com

USER MANUAL

Eric Thompson iAwake Technologies



NEUROFLOW™
SERIES

DIGITAL
EUPHORIA
Special Edition

Space Music Soundtrack with Neural and Biofield Entrainment Technology

Digital Euphoria - Special Edition User Manual

**IMPORTANT: Please read
this manual carefully and
in its entirety before your
first use.**

Disclaimer

The user of Digital Euphoria, hereby referred to as DE, agrees that this software is designed solely for self-improvement, learning, aid in motivation, relaxation, and experimentation. This application is not intended as a replacement for medical or psychological treatment. No medical claims are intended, express or implied. Those meeting any of the following conditions, whether knowingly or not, should not use this application:

- Epileptics
- Pregnant women
- Those who are wearing a pacemaker
- Those prone to or have had seizures

Those who should consult a physician before the use of this product include:

- Individuals under the influence of medication or drugs
- Individuals who have a history of severe mental illness
- Individuals who have a history of tinnitus

This application is not to be used while under the influence of alcohol or other mood-altering substances, whether they are legal or illegal. Children under the age of 18 are to be examined by a physician for epilepsy or illnesses that may contribute to seizures prior to the use of DE as they are more susceptible to seizures.

Finally, DO NOT LISTEN TO DE WHILE DRIVING OR OPERATING MACHINERY.

The user of the DE application assumes all risks in using DE, waiving any claims against iAwake Technologies, LLC and its affiliates for any and all mental or physical injuries. The user also agrees to assume liabilities when allowing other persons access to the DE application.

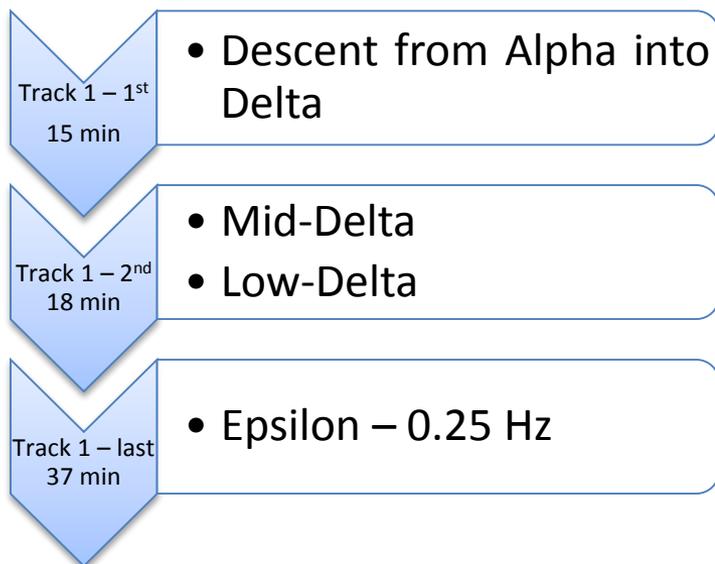
In no case will iAwake Technologies, LLC or other distributors of the DE application be liable for chance, accidental, special, direct, or indirect damages resulting from use, misuse, or defect of its technology, instructions, or documentation.

The parties shall attempt to resolve all disputes arising out of this agreement in a spirit of cooperation without formal proceedings. Any dispute which cannot be so resolved (other than a request for injunctive relief) shall be subject to arbitration upon written demand of either party. Arbitration shall take place within forty-five days of the receipt of the written demand, in Provo, UT or at another location (or in whole or in part by phone or other means) if the parties so agree. The arbitration shall take place before an arbitrator chosen as follows: The parties shall each choose a representative, and the representatives shall choose an arbitrator. The arbitrator shall schedule an informal proceeding, hear the arguments, and decide the matter. Each party shall pay half the costs of the arbitration proceeding. The arbitrator shall not have the authority to award punitive damages or any other form of relief not contemplated in this Agreement. Regarding each issue submitted to arbitration, the decision shall be accompanied by a written explanation of the basis upon which it was arrived. Judgment upon the award, if any, rendered by the arbitrators may be entered in any court having jurisdiction thereof.

Digital Euphoria – Special Edition

The **Digital Euphoria – Special Edition** session is a set of precise frequencies associated with the brainwave patterns and energetic signatures of sattva, harmony, inner balance, emotional equilibrium and deep, euphoric meditation - a 70-min space music suite.

Targeted Brainwave Patterns



IMPORTANT: *Headphones are required for maximum benefit, though listening without headphones will still result in effective biofield entrainment and limited neural entrainment.*

NOTE: *In order to fully capture the full carrier frequency spectrum used in the iNET process, we recommend using headphones with a frequency response of 20 – 20,000 Hz.*

Neural Entrainment Technology

Digital Euphoria – Special Edition features a number of unique neural entrainment methodologies, including:

- Exhaustive Binaural Encoding (embedded in virtually every sound and instrument)
- Dual-Pulse Binaural Signals

- Box X Signals
- Harmonic Layering
- High-Frequency Modulation
- Isochronic Entrainment
- Rhythmic Panning

Biofield Entrainment Technology

Our unique biofield entrainment technology is infused with the energetic signatures associated with sattva, spiritual catharsis, releasing the ego, seeking higher guidance within, healing, harmony and balance. When played, Digital Euphoria – Special Edition emits an energetic field that influences your biofield to induce tangible states of bliss and peace.

General Listening Instructions

- ✓ **Headphones** are required for optimal effect, though listening through loud speakers will still facilitate effective biofield entrainment and limited neural entrainment.
- ✓ **Intention:** When used with the specific and sustained intention to do so, the biofield technology in this release can facilitate the release of both conscious and unconscious impediments to spiritual progress. Simply enter each listening session with this intention.
- ✓ As a complement to the Profound Meditation Program, you can listen to Digital Euphoria – Special Edition once or more per week. Let your own experience be the judge of how frequently you choose to listen to Digital Euphoria – Special Edition
- ✓ **NOTE:** Due to some of the powerful carrier frequencies featured in Digital Euphoria, daily listening (for the full 70-min duration) may result in acute overstimulation. If this occurs, no worries, just take a day or two off from all brainwave entrainment meditation.
- ✓ Sit in a comfortable chair with head and neck support.
- ✓ Always sit upright while listening, as this best facilitates the increased attention, focus and energy that will accrue during listening sessions.
- ✓ We generally recommend listening with **eyes closed**, as this helps reserve attention and minimize distraction for optimal entrainment.
- ✓ Allow yourself to be given over to the audio environment, which will increase the efficacy of your session.
- ✓ **It is NOT recommended to listen to Digital Euphoria – Special Edition more than 2 hours per day.**
- ✓ **IMPORTANT:** After each session, allow 1- 5 minutes to ease back into your day. Be sure to anchor your deepened awareness in your mind by consciously observing and feeling it in your body. **Soak it up and bathe in it.** Then intend to carry this awareness and effortless focus with you wherever you go.

File Information For Optimal Entrainment Results

NOTES:

- The CD-version features high quality WAV files.
- The download-version contains high-quality (320 kbps) MP3 files which use less compression than typical MP3 files.
- Some versions may also offer AAC audio file format - and you are welcome to convert your audio files to a high quality AAC version.
- We also offer downloadable WAV files for those interested, though it does not retain much of the labeling data and graphics that the high quality uncompressed version carries. We believe, however, that the high quality mp3 files are a very effective audio file format for our technology.

We strongly recommend not converting these tracks to normal MP3 format (anything below 320 kbps) when uploading from CD or burning to CD, because the MP3 compression will filter out a considerable amount of the entrainment power embedded in the CD and download versions. If you wish to burn them to a CD, burning them as WAV files, Apple Lossless files or 320 kbps MP3 files will deliver optimal entrainment results. In iTunes, go to "Edit," then "Preferences," and locate the "When you insert a CD" section on the "General" tab. Push the "Import Settings" button, and another tab will appear. For the "Import Using" section select "Apple Lossless Encoder, WAV or 320 kbps MP3."

Compatible Players

WAV

- *Computer Media Players* – Windows Media Player (free); iTunes (free); SongBird (free at www.getsongbird.org)
- *MP3 Players* – Most MP3 players play WAV files.

APPLE LOSSLESS

- *Computer Media Players* – iTunes
- *MP3 Players* – iPod



IMPORTANT NOTE: Drink Water

Be sure to drink at least one glass of water before your sessions and one glass of water afterward. Brainwave entrainment increases blood flow to the brain, and drinking plenty of water helps your brain rid itself of waste by-products.

iAwake Support Links



Profound Meditation on Facebook:

<https://www.facebook.com/ProfoundMeditationProgram>



Profound Meditation on Twitter:

<https://twitter.com/iAwakeTeam>



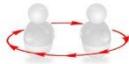
Profound Meditation Practitioners Forum:

<https://www.facebook.com/groups/profoundmeditation>



Free Weekly Teleseminars:

<http://www.iawaketechologies.com/teleseminars>



Coaching:

<http://www.iawaketechologies.com/coaching>



FAQ:

<http://www.iawaketechologies.com/faq>



Blog:

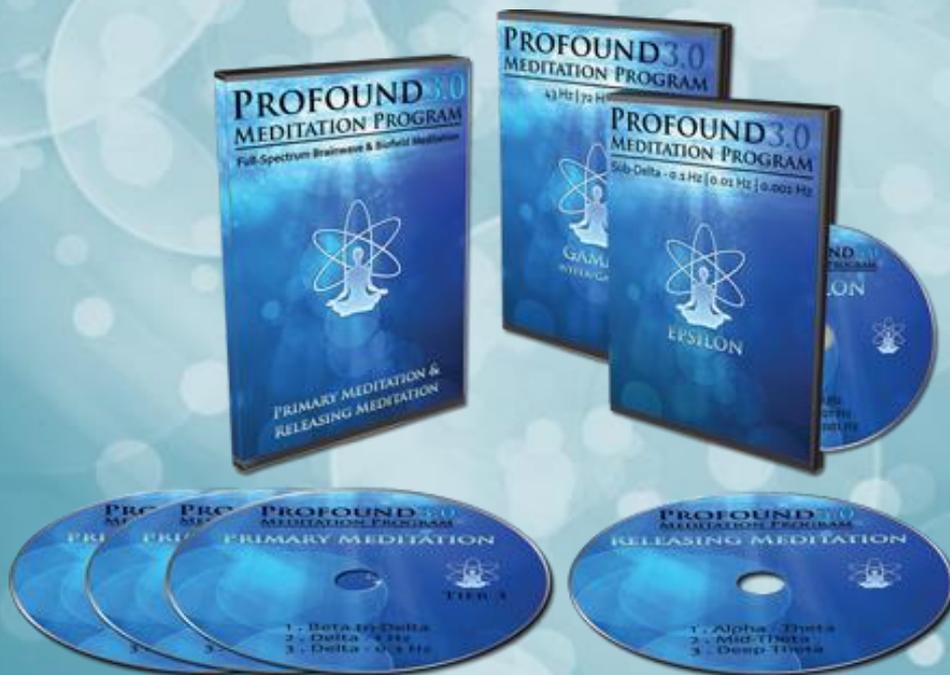
<http://www.iawaketechologies.com/blog/>



Customer Support:

support@iawaketechologies.com

PROFOUND MEDITATION 3.0 FULL SPECTRUM



Science Meets Stillness

An integrated synthesis of leading-edge neurotechnology and energy medicine

“iAwake technologies has continued their pioneering research into brain/mind sound technology with their latest release of *Profound Meditation 3.0*. I’ve been a fan of their products from the beginning, and I can say that they just keep getting better. So if you’ve never tried binaural beat technology—and especially if you have!—by all means check out their latest. I think you won’t be disappointed.”

Ken Wilber—The Integral Vision

www.iawaketechnologies.com